

Royal Redeemer

CGS Community Discussion Guide

Based on the Sermon Series: Fearless
And the sermon for March 4 & 5, 2017: Bread



(For use as an opening Devotion, use only the highlighted portion)

- **Begin by sharing a high and/or a low from your week**

- **Connect**

- What is your biggest food temptation?

- **Grow** (read this passage aloud and listen for words or phrases that speak into your life now)

Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. 2 After fasting forty days and forty nights, he was hungry. 3 The tempter came to him and said, "If you are the Son of God, tell these stones to become bread." 4 Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'" 5 Then the devil took him to the holy city and had him stand on the highest point of the temple. 6 "If you are the Son of God," he said, "throw yourself down. For it is written: "'He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone.'" 7 Jesus answered him, "It is also written: 'Do not put the Lord your God to the test.'" 8 Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor. 9 "All this I will give you," he said, "if you will bow down and worship me." 10 Jesus said to him, "Away from me, Satan! For it is written: 'Worship the Lord your God, and serve him only.'" 11 Then the devil left him, and angels came and attended him.

Matthew 4:1-11

- Share any words or phrases that speak into your life today.
- Discuss how each of Satan's invitations might be tempting to Jesus.
- How does Jesus resist every temptation? What does this tell you about resisting temptation in your life?
- Can you think of other ways and times Jesus was tempted? Was temptation real for him; could He have actually sinned? Do you think He understands your temptation?
- What are some practical ways we can prepare for temptation?
- When you fail and give in to temptation, what follows? What is God's invitation?
- Reflect: *Temptation is like a knife, which may either cut the meat or the throat of a man; it may be his food or his poison, his exercise or his destruction.* John Owen

- **Serve**

- Bringing temptation into the light takes away its power. Who in your life might serve as a mutual accountability partner in fighting temptation?

- **End with Prayer and the Lord's Prayer**